

راهنمای استفاده از Up to Date

Up-To-Date منبع اطلاعاتی الکترونیکی است که اطلاعاتی تفصیلی را درباره مراقبت از بیمار و موارد بالینی (علائم بالینی، روش های آزمایشگاهی و تشخیص و درمان بیماریها) ارائه می دهد که برای پزشکان و بیماران کاربرد دارد. هر ساله اطلاعات توسط تیم های تحقیقاتی UpToDate مورد پژوهش و بررسی قرار می گیرد و هر ۴ ماه یکبار اطلاعات ارائه شده در UpToDate روزآمد می شود.

جستجو در UpToDate:

ابتدادر کادر جستجو (New Search) عبارت جستجوی خود را وارد کنید.

عبارت جستجو می تواند نام بیماریها، علائم بیماری، رویکردها و اختلالات آزمایشگاهی، نام داروها و رده های دارویی باشد.

در صفحه نتایج جستجو با کلیک کردن بر روی عنوان یک زمینه موضوعی، نتایج مربوط به آن موضوع را مشاهده کنید.

UpToDate®

diabetes

عبارت جستجو <-----



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Pati

Search Results for "diabetes"

فهرست مطالب

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Graphics

جستجوی گرافیک

جستجوی مطالب بیمار

diabetes means *diabetes mellitus*. Click alternative term: [diabetes insipidus](#)

Overview of medical care in adults with diabetes mellitus

... factors, history of **diabetes**-related complications, hypoglycemic episodes, **diabetic** ketoacidosis (DKA) frequency (type 1 **diabetes** only), and current management. Although the more **diabetes**-specific microvascular

[Diabetes-related complications](#)

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نکات جستجو:

در صورت نیاز به گرافیک و یا مطلب مربوط به بیمار میتوان بعد از تایپ عبارت جستجو آنها را از منو انتخاب و جستجو کرد.

UpToDate اختصارات و مترادف های رایج را تشخیص می دهد.

در فرایند جستجو استفاده از حروف بزرگ یا کوچک نتایج یکسانی را بازیابی می کند.

عبارت جستجو به طور خودکار در تمامی تخصص های موضوعی پزشکی تحت پوشش UpToDate جستجو می شود.

در UpToDate نام یک نویسنده، عنوان یک مجله و سال انتشار قابل جستجو نمی باشد.

UpToDate®

Language | |

Welcome, Ministry of Health of Iran | Lo

diabetes



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diabetes

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Topic Outline

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INTRODUCTION

EVALUATION

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Diabetes-related complications

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Diabetic retinopathy

Visual impairment

- Routine foot examination

- Screening for increased urinary albumin excretion

- Screening for coronary heart disease

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GLYCEMIC CONTROL

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Nonpharmacologic therapy in type 2 diabetes

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Overview of medical care in adults with diabetes mellitus

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[Contributor Disclosures](#)

All topics are updated as new evidence becomes available and our [peer review process](#) is complete.

Literature review current through: Apr 2018. | This topic last updated: Apr 10, 2018. آخرین بروزرسانی

INTRODUCTION — The estimated overall prevalence of diabetes among adults in the United States ranges from 5.8 to 12.9 percent (median 8.4 percent) [1,2]. More personal health care resources are estimated to be spent on diabetes than any other condition [3]. Numerous factors, in addition to directly related medical complications, contribute to the impact of diabetes on quality of life and economics. Diabetes is associated with a high prevalence of depression [4] and adversely impacts employment, absenteeism, and work productivity [5]. مشاهده چکیده Medline

This review will provide an overview of the medical care for patients with diabetes (table 1). The management approach is consistent with guidelines from the American Diabetes Association (ADA) for health maintenance in patients with diabetes, which are published yearly [6]. Consensus recommendations for the management of glycemia in type 2 diabetes were published in 2006 and are updated regularly. Detailed discussions relating to screening, diagnosis, and management of hyperglycemia are discussed separately. (See "[Screening for type 2 diabetes mellitus](#)" and "[Clinical presentation and diagnosis of diabetes mellitus in adults](#)" and "[Initial management of blood glucose in adults with type 2 diabetes mellitus](#)" and "[Management of persistent hyperglycemia in type 2 diabetes mellitus](#)".) لینک موضوعات مرتبط

Patient Education

این پایگاه مباحث زیادی جهت آموزش به بیمار در سطح مقدماتی و پیشرفته برای پاسخگویی به نیازهای اطلاعاتی مختلف بیماران فراهم

می کند. این بخش شامل تصاویر تمام رنگی، گرافیک و نمودار جهت کمک برای درک وضعیت و مراقبت از بیمار می باشد.

Patient Education

آموزش بیمار

UpToDate offers two levels of content for patients:

The Basics are short overviews. They are written in accordance with plain language principles. سطح مقدماتی

Beyond the Basics are longer, more detailed reviews. They are best for readers who want detailed. سطح پیشرفته

Learn more about UpToDate's patient education materials.



This site complies with the HONcode standard for trustworthy health information: verify here.

To browse the available patient education topics in UpToDate, click on a category below.

مرور موضوعی آموزش بیمار در رده های مختلف



Allergies and asthma

Ear, nose, and throat

Lung disease

Arthritis

Eyes and vision

Men's health issues

Autoimmune disease

Gastrointestinal system

Mental health

Blood disorders

General health

Pregnancy and childbirth

Bones, joints, and muscles

Heart and blood vessel disease

Senior health

Brain and nerves

HIV and AIDS

Skin, hair, and nails

سطح Basics: مطابق اصول ساده نوشته شده و پاسخ به چند سوال اساسی شخص در مورد یک مشکل پزشکی می باشد.

سطح Beyond Basics: شامل بررسی دقیقتر و طولانی برای اشخاصی است که با اصطلاحات پزشکی آشنایی دارند.

Search UpToDate

Diabetes

The Basics Beyond the Basics

"The Basics" are short (1 to 3 page) articles written in plain language. They answer the 4 or 5 most in

Blood sugar monitoring

Hemoglobin A1C tests (The Basics)

The ABCs of diabetes (The Basics)

Diabetes

The Basics **Beyond the Basics**

"Beyond the Basics" articles are 5 to 10 pages long and more detailed than "The Basics". These articles

Blood sugar monitoring

[Self-monitoring of blood glucose in diabetes mellitus \(Beyond the Basics\)](#)

What's New:

این بخش شامل خلاصه ای از مهم ترین مطالب و بروزرسانی های جدید بر اساس تخصص می باشد. جهت مشاهده بروزرسانی ها می توان روی تخصص مورد نظر کلیک کنید.

Search UpToDate Q [Contents](#)

What's New

Our editors select a small number of the most important updates and share them with you via What's New. See these updates by clicking on the special

Find Out What's New In:

| | | |
|---|---|---------------------------------|
| Practice Changing UpDates | Gastroenterology and hepatology | Oncology |
| Allergy and immunology | General surgery | Palliative care |

:Practice Changing UpDates

این قسمت شامل تمرینات خاص و جدید یا بروزرسانی در خصوص عملکردهای بالینی می باشد.

منعکس کننده مهم ترین تغییرات صورت گرفته در یکسال گذشته است و جزئیات بیشتر در موضوع مربوطه بازنگری و بروزرسانی شده است.

Search UpToDate Q [Contents](#) | [Patient Education](#)

Practice Changing UpDates

Topic Outline

INTRODUCTION

INFECTIOUS DISEASES (May 2018)
Dolutegravir in women of childbearing potential and risk of neural tube defects

CARDIOVASCULAR MEDICINE; EMERGENCY MEDICINE (ADULT AND PEDIATRIC); PULMONARY AND CRITICAL CARE MEDICINE (May 2018)
Propranolol in addition to amiodarone for treatment of electrical storm

Practice Changing UpDates

Authors: H Nancy Sokol, MD, April F Eichler, MD, MPH

Contributor Disclosures

All topics are updated as new evidence becomes available and our [peer review process](#) is complete. **Literature review current through:** May 2018. | **This topic last updated:** Jun 08, 2018.

INTRODUCTION — This section highlights selected specific new recommendations and/or updates. Practice Changing UpDates focus on changes that may have significant and broad impact on practice. These Practice Changing UpDates, reflecting important changes to UpToDate, are discussed in greater detail in the identified topic reviews.

Calculators: در این قسمت می توان محاسبات مورد نیاز مقادیر را در فرمول های رایج انجام داد.

The screenshot shows the UpToDate website interface. At the top, there is a search bar with 'Search UpToDate' and a magnifying glass icon. To the right, there are links for 'Contents' and 'Patient Education'. Below the search bar, the text 'Practice Changing UpDates' is circled in red. On the left side, there is a 'Topic Outline' section with a close button (X) and a scroll bar. It lists 'INTRODUCTION', 'INFECTIOUS DISEASES (May 2018)' with a sub-item 'Dolutegravir in women of childbearing potential and risk of neural tube defects', and 'CARDIOVASCULAR MEDICINE; EMERGENCY MEDICINE (ADULT AND PEDIATRIC); PULMONARY AND CRITICAL CARE MEDICINE (May 2018)' with a sub-item 'Propranolol in addition to amiodarone for treatment of electrical storm'. The main content area on the right is titled 'Practice Changing UpDates' and lists authors: 'H Nancy Sokol, MD, April F Eichler, MD, MPH'. It includes a 'Contributor Disclosures' section and a paragraph stating: 'All topics are updated as new evidence becomes available and our peer review process is current. Literature review current through: May 2018. | This topic last updated: Jun 08, 2018.' Below this is an 'INTRODUCTION' section that begins with: 'This section highlights selected specific new recommendations and/or updates. Practice Changing UpDates focus on changes that may have significant and broad impact on practice. These Practice Changing UpDates, reflecting important changes to UpToDate, are discussed in greater detail in the identified topic reviews.'

Drug Interactions

این قسمت برنامه ای است که به تجزیه و تحلیل تداخلات دارو با داروی و گیاهان دارویی با دارو و ... می پردازد. برای جستجو نام دارو در کادر جستجو وارد کنید. نام تمام داروهایی که دارای تداخلات هستند نشان داده می شود. و یا با انتخاب گزینه آنالیز وجود و دامنه میزان تداخل بین دو دارو نمایش داده می شود.

The screenshot shows the 'Lexicomp® Drug Interactions' search interface on the UpToDate website. The title 'Lexicomp® Drug Interactions' is prominently displayed. Below the title, it says 'Add items to your list by searching below.' There is a search input field containing 'as|' with a red note in Persian: 'وارد کردن نام دارو در این کادر'. Below the search field, a list of search results is shown: 'Asacol 800 (CAN)', 'Asacol (CAN)', 'Asacol HD', and 'Asaphen (CAN)'. To the right, there is a section titled 'ITEM LIST' with a 'Clear List' button and a blue 'Analyze' button circled in red. Below the 'ITEM LIST' section, two items are listed: 'Asaphen (CAN)' and 'Pantoprazole', each with a minus sign and a plus sign. At the bottom, there is a note: 'Display complete list of interactions for an individual item by clicking item name.'

داروهای متداخل بر اساس میزان خطر به درجه های A,B,C,D,X تقسیم می شوند که در قسمت راهنما توضیحات مربوط وجود دارد.

| | X Avoid combination | C Monitor therapy | A No known interaction |
|---|--|---|---|
| | D Consider therapy modification | B No action needed | <i>More about Risk Ratings</i> ▼ |
| 137 Results | | | |
| X Propranolol (Beta-Blockers (Nonselective)) Beta2-Agonists | X Avoid Combination Data demonstrate that the specified agents may interact with each other in a clinically significant manner. The risks associated with concomitant use of these agents usually outweigh the benefits. These agents are generally considered contraindicated. | | |
| X Propranolol (Blood Pressure Lowering Agents) Bromperidol | D Consider Therapy Modification Data demonstrate that the two medications may interact with each other in a clinically significant manner. A patient-specific assessment must be conducted to determine whether the benefits of concomitant therapy outweigh the risks. Specific actions must be taken in order to realize the benefits and/or minimize the toxicity resulting from concomitant use of the agents. These actions may include aggressive monitoring, empiric dosage changes, choosing alternative agents. | | |
| X Propranolol (Bradycardia-Causing Agents) Ceritinib | | C Monitor Therapy Data demonstrate that the specified agents may interact with each other in a clinically significant manner. The benefits of concomitant use of these two medications usually outweigh the risks. An appropriate monitoring plan should be implemented to identify potential negative effects. Dosage adjustments of one or both agents may be needed in a minority of patients. | |
| X Propranolol (Beta-Blockers) Floctafenine | | | |
| X Propranolol (Beta-Blockers) Methacholine | | | |
| X Propranolol (Beta-Blockers) Rivastigmine | | B No Action Needed Data demonstrate that the specified agents may interact with each other, but there is little to no evidence of clinical concern resulting from their concomitant use. | |
| D Propranolol (CYP2D6 Substrates (High risk)) Abiraterone Acetate | | | |
| D Propranolol (Beta-Blockers) Alpha2-Agonists | | | A No Known Interaction Data have not demonstrated either pharmacodynamic or pharmacokinetic interactions between the specified agents |
| D Propranolol (Blood Pressure Lowering Agents) Amifostine | | | |

اداره کتابخانه مرکزی
دانشگاه علوم پزشکی مازندران